

Please use a blue-colored font for any 2016 goal progress notes.

**BUREAU OF AGING AND DISABILITY RESOURCES
AGING UNIT SELF-ASSESSMENT FOR 2016**

County/Tribe: GREEN LAKE County

Name of Aging Unit Director:

Betty Bradley, Director
Aging & Long Term Care Unit
Green Lake Co DHHS
500 Lake Steel St
PO Box 588
Green Lake WI 54941-0588
920-294-4070 Phone
bbradley@co.green-lake.wi.us

Approved by Commission on Aging?	Yes	X	No	Date approved	3-14-17
---	-----	---	----	----------------------	---------

Part I: Compliance With the Wisconsin Elders' Act
Refer to Section 3-D (Statutory Requirements for the Structure of the Aging Unit) in your 2016-2018 Aging Plan

	Yes	No	Describe Change
Has the organization of the <i>Aging Unit</i> changed this past year?		X	
Has the organization of the <i>Commission on Aging</i> changed this past year?		X	
Does the aging unit have a full-time aging director?	X		
Is the membership of the Commission on Aging in Compliance? <i>Members of a county or tribal commission on aging shall serve no more than 2 consecutive 3-year terms. In the case of county board members, the requirement is 3 consecutive 2-year terms.</i>	X		

Members of the Commission on Aging (please list)

Official Name of the Aging Unit's Policy-Making Body:

Aging Advisory Committee

Name of Individual	Age 60 and Older (x)	Elected Official (x)	Mo./Year first term began	Mo./Year final term ends
Chairperson: Richard Trochinski	X	X	4/2012	
Yolanda Galegos	X		4/2015	4/2021
Barbara Reif	X		4/2014	4/2020
Barbara Behlen	X		4/2016	4/2022
Pat Flanagan	X		4/2016	4/2022

Part II: Activities to Help Older People Advocate for Themselves

1. What does the aging unit do to inform older people about the issues that affect their lives?

2016: The aging unit publishes a bi-monthly newsletter that goes out to over 900 seniors in the community. We also submit news articles and information to the local newspapers. Our EBS goes to each Sr. Center in the County at least once a month to provide information to seniors. The aging unit is a member of the local TRIAD committee and does several presentations at TRIAD meetings each year on various topics of interest to seniors. In 2016, we started having listening sessions at the area senior centers to both inform seniors on issues, and to listen to their concerns. The Aging Unit works closely with the local ADRC office to make sure they have information important to Seniors so the Resource Specialist can inform the consumers who come to the ADRC.

2. How does the aging unit teach older people to act as advocates?

2016: Our EBS and DBS work one on one with Seniors and the disabled to help them advocate for themselves, and to teach them how to advocate for themselves. We also hold listening sessions at Senior Centers on topics of interest and let seniors know whom to contact to make their voices heard. We have also started a page in our Sr. Newsletter that contains the contact information for our State and Federal Representatives so seniors know how to contact their representatives. Our EBS goes out weekly to the Sr. Centers in the county to meet one on one with Seniors and help them with various issues.

3. How does the aging unit advocate on behalf of the older people it serves?

2016: The Aging Unit advocates by taking issues that concern our elderly consumers to the governing committees at the County level to try to influence local policy, procedures and budgets. We also provide training opportunities to County staff and officials to educate them on issues that concern the elderly population. Our EBS and DBS advocate on a one on one basis for our consumers with Social Security Administration, Economic Support Units, Insurance Companies, fuel suppliers, utility companies, landlords, Veterans Service Offices, the IRIS program and CMO's, to try to get the best outcomes we can for our consumers.

Part III: Progress on the Aging Unit Plan for Serving Older People

Aging Unit Plan Goals	Progress Notes <i>(briefly summarize only those activities completed as of Dec. of each year; explain if a goal was not accomplished)</i>	Check if Done		
		2016	2017	2018
Focus Area 6-A. Involvement of Older People in Aging-Related Program Development and Planning				
Goal #1: This goal will be for all three years of the plan period, in order to increase the opportunities for older adults to have input into County issues and programs for older adults, of each year of the plan period the Green Lake County Aging Unit will hold at least two listening sessions at two different Senior Centers in the County where older adults gather. One listening session will be held by May 31st each year and the other by October 31st each year. The goal will be to have at least 10 Seniors at each listening session.	2016; This process was started in the second half of the year. One listening session was held at the Princeton Senior Center on Oct. 27 th . 32 seniors were present and participated in the discussion. Top priorities mentioned were transportation and dementia services.	X		
Focus 6-B: The Elder Nutrition Program				
Goal #1: To increase nutritional choices and provide a new experience for diners at the Berlin Senior Nutrition Dining site, the Green Lake County Aging unit will work with the Berlin Senior Center Nutrition Staff to begin offering a salad bar at the Berlin Senior Nutrition Dining site by 12-31-16.	2016: The salad bar was started in February of 2016. The salad bar is offered at least one time per week. The Seniors enjoy having green salad more often. Having this as a choice does not seem to effect the number of Seniors choosing to dine at the Berlin Senior Center.	X		
Goal #3: The City of Princeton in Green Lake County had to close their Senior Dining site several years ago. To increase senior dining options to the residents of the Princeton area the Green Lake County Aging Unit will work with local restaurants in the city of Princeton to attempt to establish a senior dining site within the restaurant. The aging staff will hold listening sessions with the local seniors by 12-31-16 to get input on the concept and ideas as to restaurants Seniors would be interesting in dining at. Based on the information gathered at the listening sessions Green Lake County will meet with at least two local restaurants to find an area business interested in participating in the program and discuss menu options by 12-31-17. If the	2016: A listening session was held at the Princeton Senior Center on 10-27-16 with 32 Seniors attending and Senior dining options were discussed. The Sr. Center is not interested in becoming a Sr. dining site most of those in attendance said they would not attend the meals on a regular basis. About 10 individuals said they might be interested in a dining site in a restaurant, depending on which restaurant it is. Based on this information the Green Lake	X		

<p>local seniors are interested and if a collaborating restaurant can be found the Green Lake County Aging Unit will establish a Senior Dining site within a local Princeton restaurant, and the site will be operational by 12-31-18.</p>	<p>County Aging Unit will contact restaurants in Princeton to see if any would be interested in collaborating on this project. This will all be done in 2017.</p>			
<p>Goal 2: Physical activity and weight loss were identified as critical components to healthy aging during the Aging Unit 3-year planning process. The Aging & Disability Resource Center will broaden their educational outreach in the multi-county community by communicating the importance of physical activity and the benefit it has on health through a minimum of two preventative workshops/presentations annually, with a goal of reaching 120 people, along with articles in all four senior newsletters at least twice each year, for each year of the plan period.</p>	<p>2016: Two community presentations were given in the quad county area with a total of 40 individuals attending the presentations. Three articles were published in the Sr. Newsletter that is published bi-monthly and goes out to over 900 seniors in Green Lake County.</p>	X		
<p>Focus 6-C. Services in Support of Caregivers</p>				
<p>Goal #1: During every year of the plan period, to increase attendance at the Caregiver Support group, Green Lake County will schedule Speakers on various caregiving topics at least three times a year. The goal will be to increase attendance at Caregiver Support Group meetings by 20% (1 to 2 additional attendees) by 12-31-17.</p>	<p>2016: This year we had guest speakers on the following topics: Grief and Loss; Importance of Physical Fitness; and What is the ADRC and how can it assist you. The average number of people attending the meetings is 4, there was a 0% increase in attendance this year.</p>	X		
<p>Focus 6-D. Services to People With Dementia</p>				
<p>Goal #1: In order to provide more community education on the topic of dementia, the Green Lake County Dementia Coalition will partner with the Alzheimer's Association and the local ADRC staff to put on a community training presenting The 10 Warning Signs of Alzheimer's Disease at one of the UW Extension Training Room in Green Lake, at which 5 interested community members will also have a memory screen done by ADRC staff, by 12-31-16.</p>	<p>2016: This training was held on June 8, 2016. 40 people attended the training, both Human Service staff and community members. No one took advantage of the opportunity to have a memory screen done.</p>	X		
<p>Goal #2: To provide community education about dementia and dementia services the Green Lake County Aging Unit will partner with the ADRC to staff a booth at the Women's Night-Out Health Fair to provide educational</p>	<p>2016: This event was not held in 2016 so we were unable to be a part of it.</p>			

materials on dementia and to offer memory screenings and provide them to at least 5 participants, and then provide one on one information on follow up services available to them in the community, each year of the plan.				
Focus 6-E: Healthy Aging				
Goal 1: For each year of the plan period, the Department of Aging will, through a Memorandum of Understanding with the Aging & Disability Resource Center, allocate each year's Title III-D funds for the purpose of offering in Green Lake County, and by December 31 of each year, a minimum of two high-level, evidence-based health promotion programs to at least 60 individuals during the three year period of time. Workshops offered may include Living Well with Chronic Conditions, Healthy Living with Diabetes, Stepping On, or any other workshop that meets the criteria. Workshops will be determined based on consumer interest and need.	2016: 2 Healthy living with Diabetes classes – 9 attended; and one Stepping On – 18 participants, were held this year.	X		
Goal 3: To increase community participation in all the health promotion programs, the ADRC Health Promotion Coordinator will begin developing a referral process with at least one hospital and/or clinic Green Lake County by 12-31-17. Referrals to the health programs will increase by 10%, or 5 individuals, for each year of the plan period.	Our Health Promotions Coordinator through the ADRC has worked with Berlin Hospital, Wild Rose Hospital, Family Health/La Clinica, and Marquette County EMS to begin the process of setting up a referral system. She has successfully set up a referral system with the Waushara County EMS. Referrals into the program from these healthcare systems increased 16.5% from 2015 to 2016.	X		
Focus 6-F: Local Priorities				
Goal #1: In order to provide community education for each year of the plan the Green Lake County EBS will partner with the ADRC DBS to provide at least two Welcome to Medicare classes for the citizens of Green Lake County.	2016: A Welcome to Medicare Class was held on April 26, 2016 with 18 consumers attending. A second class was held on August 28, 2016 with 12 consumers attending.	X		
Goal #3: The Green Lake County Aging Unit will be a member of the Green Lake County Wellness Coalition to work on the focus area of "Adequate, Appropriate and Safe Food and Nutrition" with a goal of reducing obesity and increasing good nutrition, the Aging Unit will administer the Senior Farmer's	2016: the aging unit is a member of the Green Lake County Wellness coalition. We sit on the nutrition focus area and focus on promoting nutrition through the Sr. Nutrition Program,	X		

<p>Market Nutrition Program in Green Lake County and provide \$25.00 worth of vouchers to 103 individuals over the age of 60, by October 31 of each year of the plan.</p>	<p>publishing articles in our Sr. Newsletter relating to proper nutrition and why it is important. In 2016 Green Lake County Aging Unit distributed Farmers Market Nutrition Program vouchers to 103 seniors in the community.</p>			

Part IV: Progress on the Aging Unit Plan for Serving Older People – National Family Caregiver Support Program (NFCSP)

This section is not required for tribal aging units.

Minimum Service Requirements: *The minimum service requirements of NFCSP must be provided by the aging unit or contracted with another agency. Please indicate who provides these services.*

Service	Aging Unit (X)	Other Agency (please list)
Information to caregivers about available services	X	
Assistance to caregivers in gaining access to the services	X	
Individual counseling, support groups, and training to caregivers	X	
Respite care	X	
Supplemental services (e.g., transportation, assistive devices, home modifications, adaptive aids, emergency response systems, supplies, etc.)	X	

Caregiver Coordination: *To ensure coordination of caregiver services in the county, the aging unit shall convene or be a member of a local family-caregiver coalition or coordinating committee with other local providers who currently provide support services to family caregivers.*

Does the aging unit belong to a local caregiver coalition?

YES NO

Name of Coalition: Green Lake County Dementia Care Coalition

If YES, please provide a brief update on coalition activities conducted each year.

If NO, please explain plan for compliance.

2016 Activities: Our coalition met three times in 2016. Our first meeting of the year was a planning meeting. At our second meeting we had a presentation/training on "Grieving Alzheimer's, Managing the Loss". Our third meeting was our joint training in June with the Alzheimer's Association providing training on Early detection and Crisis response. Due to staff medical leave, we did not have a fall meeting.

2017 Activities:

2018 Activities:

Part V: Significant Accomplishments or Issues Not Included in the Aging Unit Plan

(Unplanned accomplishments or issues that had a significant impact on the aging unit's activities during the previous year. This is not meetings attended or actions that fit under plan goal objectives but may reflect noteworthy events or achievements.) This section is not required.

2016:

Part VI: Coordination Between Titles III and VI

If the county includes part or all of a federally-recognized tribe, indicate how the county aging unit and the tribal aging unit have worked together in the previous year to coordinate and ensure the provision of services to tribal elders.

If the county does not include part or all of a federally-recognized tribe, please indicate: Not Applicable



ALZHEIMER'S STATISTICS WISCONSIN

alzheimer's association®
THE BRAINS BEHIND SAVING YOURS!

65+ NUMBER OF PEOPLE AGED 65 AND OLDER WITH ALZHEIMER'S BY AGE

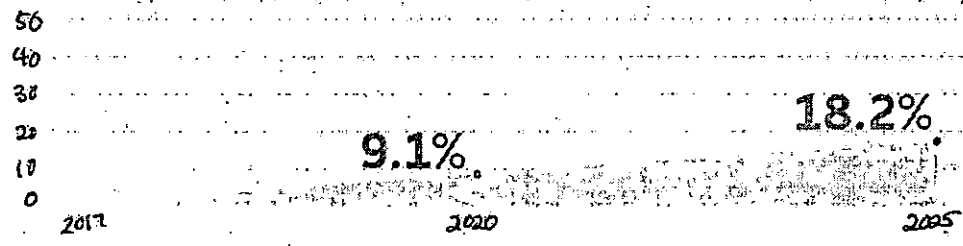
Year	65-74	75-84	85+	TOTAL
2017	15,000	44,000	50,000	110,000
2020	17,000	48,000	50,000	120,000
2025	20,000	60,000	54,000	130,000

* Totals may not add due to rounding

U.S. STATISTICS

Over 5 million Americans are living with Alzheimer's, and as many as 16 million will have the disease in 2050. The cost of caring for those with Alzheimer's and other dementias is estimated to total \$259 billion in 2017, increasing to \$1.1 trillion (in today's dollars) by mid-century. Nearly one in every three seniors who dies each year has Alzheimer's or another dementia.

Percentage change from 2017



HOSPICE

of people in hospice with a primary diagnosis of dementia
5,261

% of people in hospice with a primary diagnosis of dementia
19%

MEDICAID COSTS OF CARING FOR PEOPLE WITH ALZHEIMER'S - 2017

\$687 MILLION

% change in Medicaid costs from 2017 to 2025
30.6%

NUMBER OF DEATHS FROM ALZHEIMER'S DISEASE IN 2014

1,876

6th leading cause of death in Wisconsin



For more information, view the 2017 Alzheimer's Disease Facts and Figures report at alz.org/facts.

NUMBER OF ALZHEIMER'S AND DEMENTIA CAREGIVERS, HOURS OF UNPAID CARE, AND COSTS OF CAREGIVING

Year	Number of Caregivers	Total Hours of Unpaid Care	Total Value of Unpaid Care	Higher Health Costs of Caregivers
2016	193,000	219,000,000	\$2,775,000,000	\$140,000,000

AGING REPORT - 2017

Mealsites - Berlin Senior Center, Dartford Bay Apartments, Grand River Apartments																			
HOMEBOUND									CONGREGATE										
Berlin			Green Lake/Prince.		Markesan				Berlin			GL/Princeton		Markesan				MEAL PROGRAM	
HDM #	DONATION	HDM #	DONATION	HDM #	DONATION	HDM #	DONATION	HDM TOTAL	HDM TOTAL	CONG	DONATION	CONG	DONATION	CONG	DONATION	CG TOTAL	CG TOTAL	TOTAL	TOTAL
	AMOUNT		AMOUNT		AMOUNT		AMOUNT	MEALS	DONATION	# SERVED	AMOUNT	# SERVED	AMOUNT	# SERVED	AMOUNT	MEALS	DONATION	MEALS	DONATION
January	514	\$3,066.50	544	\$2,805.32	243	\$1,371.00		1,301	\$7,242.82	281	\$982.00	108	\$240.00	110	\$144.00	499	\$1,366.00	1,800.00	\$8,608.82
February	512	\$794.00	504	\$836.00	226	\$778.00		1,242	\$2,408.00	355	\$1,267.05	126	\$92.00	104	\$300.00	585	\$1,659.05	1,827.00	\$4,067.05
March	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
April	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
May	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
June	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
July	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
August	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
September	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
October	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
November	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
December	0	\$0.00	0	\$0.00	0	\$0.00		0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0	\$0.00	0.00	\$0.00
TOTALS	1026	\$3,860.50	1048	\$3,641.32	469	\$2,149.00		2543	\$9,650.82	636	\$2,249.05	234	\$332.00	214	\$444.00	1084	\$3,025.05	3,627.00	\$12,675.87

