

7 Major Elements of MRT

- Confrontation & assessment of self
- Assessment of current relationship
- Reinforcement of positive behaviors & habits
- Positive Identity formation
- Enhancement of self-concept
- Decrease hedonism
- Develop higher stages of moral reasoning

Goals & Benefits

- Provide treatment services to support recovery.
- Break the cycle of drugs and/or alcohol use and crime.
- Decrease recidivism.
- Enhance social, moral, educational, and employment capacity in program participants.

Treatment Services Provided By:
Green Lake County Department of
Health and Human Services



**Green Lake
County
MRT Program**

Program Overview

MRT is a cognitive-behavioral system that leads to enhanced moral reasoning, better decision-making, and more appropriate behavior. It was developed in 1985 and has published outcome studies which show MRT-treated offenders show significantly lower recidivism for periods over 20 years after treatment. MRT treatment also leads to a host of significant beneficial and desirable personality changes.

MRT is an open ended group which is held twice per week on Mondays and Wednesday from 11:00am to 12:30pm. The length of the program is based on the individuals own progress while working through 12 steps. Each step has homework and objective assignments that clients complete prior to group meetings. Clients will work on Honesty, Trust, Acceptance, Raising Awareness, Healing Damaged Relationships, Helping Others, Long-term Goals and Identity, Short-term Goals and Consistency, Commitment to Change, Maintaining Positive Change, Keeping Moral Commitments, and Choosing Moral Goals. All program materials are provided to the clients.

Upon completion participants will receive a completion certificate.

Eligibility Criteria

- Established resident of Green Lake County.
- Assessed as medium to high risk/medium to high needs using a validated assessment tool.
- Must be 18 years old

Referral Process

Individuals seeking treatment can self-refer. Other referral sources may include but are not limited to:

- Attorneys
- Current Treatment Providers
- Probation/Parole Agents
- Jail Staff
- CCS worker
- Social worker
- Family member

Program Cost

The costs of MRT is \$25 per session or a sliding fee scaled based on ability to pay.

Contact Information:

**Green Lake County
Department of Health & Human
Services**

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Program Facilitators
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